Selective attention

The selective attention is not a method in the proper sense, but it is more precisely a non cognitive state of mind. The method to is a sensitization and the result of this tool is the knowledge about the existence of selective attention. The deeper understanding about selective attention leads to a wider perception of the participants.

How you proceed:

A possible procedure can be a video demonstration with a debrief.

What you need:

You need a video clip about selective attention

* look in videoplatforms (Youtube, Dailymotion etc.) for “selective attention” in the search option.

For example: <https://www.youtube.com/watch?v=HVALCbfAG00>